2018 Saginaw Valley Teachers of the Year

The Saginaw Valley League established an award to recognize excellence in teaching. This award is presented annually to one teacher from each of the Saginaw Valley member high schools. To be eligible for this prestigious honor, a teacher must be nominated by letters of support in the areas of creative teaching, involvement in our community, involvement in our school’s activities and enthusiasm and dedication.

Midland High’s recipient of the 2018 SVL Teacher of the Year is Ms. Becky Thomas-King, MHS English Teacher and Year Book Advisor.

H. H. Dow High’s recipient of the 2018 SVL Teacher of the Year is Ms. Cory Thompson, DHS English Teacher.

Congratulations to these dedicated Midland Public Schools’ educators!

2018 Saginaw Valley League Scholar Athletes

The Saginaw Valley League established this award to recognize excellence in the classroom and on the playing field. This award is presented annually to one female and one male student athlete from each of the Saginaw Valley member high schools.

We are proud to announce Midland Public Schools’ 2018 SVL Scholar Athletes!

H. H. Dow High

Congratulations Riley, Matt, Jessica and Ben!

Best wishes in your future academic, career and athletic goals!

Midland High

Riley Legge

Matt Waier

Jessica Kline

Ben Zeitler

Public Open Houses are scheduled the week of June 4 to share with MPS families and community members the amazing scope of work accomplished with bond dollars so far. Staff members will be on hand to answer any questions you may have at these buildings:

- **Central Auditorium**: Monday, June 4 <> 5:30-7:00 pm
- **Central Park Elementary**: Monday, June 4 <> 5:30-7:00 pm
- **Plymouth Elementary**: Wednesday, June 6 <> 5:30-7:00 pm
- **Woodcrest Elementary**: Thursday, June 7 <> 5:30-7:00 pm

Looking for information about the bond work projects and finances, click here for up-to-date info:

[https://new.midlandps.org/](https://new.midlandps.org/)

MPS Connect is a great communications tool for you to connect with me. Every message comes to my desktop. Either I or a member of our staff will do all we can to reply to your message the next work day.

Click here to connect with me: [https://etc.midlandps.org/connect/form.php](https://etc.midlandps.org/connect/form.php).
A Word from the School Mental Health Workgroup

Anxious Parents, Anxious Kids

A few facts:

- According to the American Psychiatric Association, 18% of adults experience clinical anxiety.
- Approximately one in ten children are diagnosed with anxiety disorders (most often panic attacks, separation anxiety, phobias, or generalized anxiety).
- Children of parents who suffer from anxiety are significantly more likely to experience anxiety than children of parents who do not.

Particularly as we enter a season packed with standardized testing across grade levels, what can we do to help our children remain relatively calm, collected, and ready to perform?

- Model calm and collected responses and problem-solving skills. Kids learn what they see!
- Show and practice a variety of coping strategies with your children - taking a few deep breaths, going for a short walk, talking with a family member or friend, listening to some music. Different things work for different people, but kids will not learn what works for them if they do not try and practice.
- Avoid rescuing or overprotecting children from day-to-day, typical stressors or emotions. If children never experience distress, they will have limited opportunities to practice problem-solving and coping skills.
Congratulations to Midland High’s Allison Gray for being recognized as the 2018 United Way Outstanding Student for all of her volunteer efforts in the Midland Community.

Kudos Allison!

ART IS IN THE AIR AT MIDLAND PUBLIC SCHOOLS!

We hope you will have a chance to visit the ELEMENTARY ART SHOW now on display at the Midland Mall. It will run through Tuesday, April 24.

MIDDLE SCHOOL ART SHOW at the Midland Mall from April 25 through May 6.

The HIGH SCHOOLS have several upcoming art shows.

❖ AP STUDIO ART SHOW April 28 through May 14 in the Founders Room at the MCFTA
❖ MIDLAND HIGH ART SHOW April 26 through May 11 in the MHS Media Center
❖ H. H. DOW HIGH ART SHOW April 26-May 11 in the DHS Media Center
❖ IB VISUAL ART SHOW just closed at the Alden B. Dow Home and Studio.

Best wishes Water Warriors, Adams Elementary’s FIRST Lego League (FLL) Team, participating in the 2018 FLL World Competition this week in Detroit.

WOW!

Every Friday morning, Woodcrest fourth graders team up with kindergartners. This is one of their highlights of each week. The older students love working with the younger students and the younger students love working with the older students. Both grade levels benefit from the peer mentoring. They have formed friendships and have developed their technical skills through teaming up with technology.

Mrs. Storm's Kindergarten class from Siebert and Mrs. Brillhart's Jefferson science helpers have teamed up in a weekly buddy system to bring hands-on STEM activities to the classroom. Pictured is a day of making paper rockets to learn about aerodynamics, flight and balance. Students from Jefferson are: Summer, Keegan and Tristan Luwick, Ava Nelson, Mishi Khan, Erin Hall, Lena Burton and Community Mentor Tom Chamberlin.

MPS COMMUNITY FLYER BOARD — AMAZING spring and summer clinics, camps and fun events are coming in daily. Check them out! https://new.midlandps.org/pages/community/community-flyers-2/

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Kudos Allison!