



# Take the worry out of health care.

## Ask a registered nurse 24/7

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*Is this a cold or something more serious?*

*Should I call our doctor?*

*Should we go to the emergency room?*

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## MESSA NurseLine: 800.414.2014

**QUICK TIP: Add this number to your cell phone now.**

**C**all MESSA NurseLine—a member service offered in partnership with our underwriter, Blue Cross Blue Shield of Michigan.

NurseLine is a health information phone line staffed around the clock by registered nurses trained to answer medical questions and offer guidance. When you call, a registered nurse will listen to your questions and discuss your health concerns with you. The nurse may provide some at-home health care measures or suggest you contact your personal physician. NurseLine may help you avoid unnecessary emergency room visits and expenses.

NurseLine is not a 911 service and is not intended to replace qualified medical care given by your doctor or other medical professional. If you have an illness or injury that requires immediate attention, please go directly to an emergency room.



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